

SPO COVID-19 Checklist

To all members attending rehearsals

To comply with Government regulations and for everyone's safety, the SPO needs to ask every person to sign a consent form, on every visit, before entering the building.

You must print the form and sign it before bringing it to the rehearsal. The form asks the following:

1. Do you have any symptoms related to Covid-19 or feel unwell in general?
2. Have you been in close contact with anyone who has symptoms or has felt unwell in the past 24h?
3. Has NHS 'Track and Trace' asked you to self-isolate?
4. Have you returned from abroad and been asked to self isolate?

In the event of answering 'yes' to any of these questions you may be asked not to attend the rehearsal and you will be advised to get a test for the Covid-19 virus.

Additionally, you must consider the following:

Are you, or is anyone in your household, classed as 'clinically vulnerable' (eg. have underlying health issues) or consider yourself to be vulnerable? If so please tick the additional box.

If you become ill in the days following a rehearsal you must notify the orchestra immediately so that measures can be put in place for testing/quarantine of everyone you have been in contact with.

Many thanks for your understanding and cooperation.